

## Transportation for Medical Care in Tompkins County & Surrounding Areas

### Buses

**TCAT buses:** (607) 277-7433: Call for information on routes or the TCard payment system. Half price fares for youth to 17 years of age, adults over 60, and people with disabilities. Routes to Cayuga Medical, Guthrie Clinic and Convenient Care.

**TCAT Demand & Response Zone (DAR) Route 41:** (607) 277-7433 Call TCAT to schedule pick-up at least 24 hours in advance for Demand & Responsive Zone to Sapsucker Woods, Lower Creek Road Neighborhood and Etna.

**Gadabout:** (607) 273-1878, Rides by reservation for people 60 or over, or people with disabilities. Reserve a ride two business days in advance. \$1.50 per one-way trip within the City of Ithaca; \$2.00 for trips that start or end outside city limits.

**ADA paratransit service:**(607) 277-9388 x420 Persons with disabilities may be eligible for ADA paratransit services provided by Gadabout that covers, and in some cases goes beyond, areas served by TCAT. Ask for a ADA New Freedom ride if your request is outside TCAT's footprint and times.

**Greyhound :**(607) 272-7930 Regional bus with service from Ithaca bus station to Rochester Greyhound Bus Station/Amtrak Station at cost of \$45.00 for a round trip. To make a reservation on a Greyhound bus for wheelchair accessibility, contact 1-800-752-4841 48 hours in advance of your trip.

**Trailways buses:** (607) 776-7548 Regional bus with service from Ithaca bus station to Syracuse Bus Station at cost of \$28.50 for a round trip. Discounts are available for adults over 65 and children under 11. Wheelchair accessibility available upon request (48 hour advance notice).

**Coach USA/Shortline buses:** (607) 277-8800 Regional bus with service from Ithaca bus station to Albany, Elmira, Binghamton, New York City and more. Call for discounted senior-citizen pricing (based on destination). Wheelchair accessibility available upon request (48 hour advance notice).

**CTRAN (Chemung Transit):** (607) 734-5211 Chemung Transit will pick up on their direct route from Ithaca to Elmira (route 30X); Call for pick-up information.

**Schuyler County Transit:** (607) 535-3555 Their Dial-a-Ride service runs from Schuyler County to Cayuga Medical Center from 1-3pm every Tuesday.

Cortland County Transit -- (706) 758-3383 Route 7 provides bus services from Cortland to TC3 in Dryden

---

**Veterans:** Disabled American Veterans Volunteer Transportation Network (Freeville VA clinic) -- (607) 591-7388. If a Veteran is receiving VA medical care at the Tompkins/Cortland County VA Clinic at Freeville, call to request a ride to the VA clinic. Must have 48 hour advance notice. Disabled American Veterans Volunteer Transportation Network (Syracuse clinic) -- (800) 221-2883 x 54352 Call to request a ride to the VA clinic. Must have 48 hour advance notice

**Angel Flights for Veterans Services:**(800) 296-1217 For financially needy veterans/active duty military person or their family member(s) to access distant specialized medical evaluation, diagnosis, treatment, or rehabilitation.

## **Volunteer Ride Services**

**Zimride Tompkins** -- (607) 272-2292

A free rideshare matching website where users can post a ride, find a ride and share a ride with others going the same way. Zimride is especially useful for running errands or going to and from doctor's appointments.

**FISH - Friends in Service Helping** -- call 211 or (877) 211-8667

FISH volunteers provide rides to Tompkins County residents in need of medical and health related services that are within Tompkins County.

**American Cancer Society Road to Recovery** -- (800) 227-2345

Road to Recovery may have a volunteer to take cancer patients for active cancer treatment appointments, including into/out of Tompkins County. Rides should be requested 5 business days in advance.

---

## **Other Transportation Support Services**

**Tompkins County Medicaid Transportation** to schedule trips call 1-866-753-4543, fax 315-299-2786

**Medicaid Information**, Tompkins County -- (607) 274-5359 Government sponsored program to help low-income families pay for healthcare, transportation to medical appointments

**1/2 Price TCAT Passes** -- 607- 277- 9388 ext 420.

Tcat offers half-price tickets for adults over age 60 or those with Social Security Disability, Social Security Supplemental Income for Veterans Affairs Benefits.

**2-1-1** Information and referral for basic information on all transportation options. Dial 2-1-1

**Transportation Assistance:** (607) 272-5062 Catholic Charities offers bus passes and gas vouchers for medical and work transportation AS AVAILABLE to those who qualify.

**Angel Bus:** 1-800-768-0238

Provides non-emergency long-distance ground transportation to patients in need to ensure access to medical appointments essential for healthcare.

**Comfort Keepers:** (607) 272-0444 Through the door transportation to medical appointments and someone to with you during your visit to take notes.

*Last updated May 13, 2016*